

## International Seminar on Holistic way of Life & Living

(Revisiting Paradigms of Self Discovery with Scientific Disposition)  
on December 23, 24 & 25, 2016



### HOLISTIC SCIENCE RESEARCH CENTER

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### Theme of the Seminar

The modern world has attained unprecedented material gains and means of convenience thanks to accelerated innovations in science and technology. Albeit, the World is suffering from upheavals and unrest due to various causes like widening disparities, poverty, regional problems, increasing natural calamities, spreading violence, terror and war etc. The sporadic solutions of such problems tend to generate newer maladies and the grief and unrest exacerbate. Everyone even in the prosperous strata of society seems to be tired, fed up with transient pleasures and at times there is a desire for lasting happiness to come out of the feeling of melancholy and emptiness coupled with intricate puzzles unsolvable through any amount of material wealth.

Truth is sought in two ways: by studying the facts of the external world and by seeking to understand the deeper truths of the inner world. World should be accepted in totality, not only in its external aspects but also in all pervading inner spiritual life. It is to be understood that the external world will not be able to provide the total solution, since many of the problems are only partially related to the external world situations. This is the reason why we need to look into the inner world which is as important as the outer and try to seek if there is a way to find out lasting solution from within.

Such a multi-dimensional approach of solving problems is the need of the modern times characterised with compartmentalised

in-depth knowledge in innumerable specialities but creating confusion on account of a marked absence of a central connecting link or an established system of *inter se* dialogue amongst various faculties of knowledge.

The changing face of the world has necessarily changed the importance of religion in our life. Today we live in a society of scientific and technological advancements in which religious beliefs and faith in authority are genuinely questioned especially by the new generation. Reason properly employed, and faith properly understood and practiced should not lead to contradictory or competing claims. Like art, understanding the truths of philosophy and religion requires a different mode of consciousness quite different from our normal mind set. It requires a disciplined cultivation of faith and deep reflection on the wisdom and insights of the spiritual teachings.

Spiritual values are genuine human values. A scientist cannot be altruistic if he does not use his knowledge and technology for the good of humankind. A saint cannot be a true visionary if he does not give up all prejudices and partialities with regard to different ideologies, and is devoted to the serving of all people in general.

There is possibility of interplay and interaction between both and we can think of a spiritualistic science or scientific spirituality combining both scientific search and spiritual enquiry. Rational approach saves mankind from blind faith while spirituality takes us into

deeper levels of truth, the source of love, compassion, harmony and peace within. The Life to be worthwhile can be lived with a sense of fulfillment when it is understood comprehensively in respect of one's mutually rewarding relationship with the society and such a thing is possible when one gains self-knowledge in true sense that connects oneself to the surroundings.

In the above background, the proposed seminar may provide a platform to explore various dimensions to the issues faced by the humankind at various levels viz. Individual, Family, Community, Society, State, Nation as well as the World. We invite the scholars to do careful study and present their views, understandings, explanations and research papers on the following topics or any other relevant explorations from their side:

1. The pursuit of knowledge of Self and Happiness.
2. The application of Moral, Ethical and Spiritual values for a Holistic life.
3. Human suffering and spiritual guidance
4. Holistic Science of Inner Living
5. Non-violence and Peace
6. Environment and Holistic way of Living
7. Reason and Spirituality
8. Holistic way of Living and Swaraj in Ideas
9. Holistic way of Living as a positive

philosophy of Life

10. Holistic understanding of Consciousness for overall Well-being
11. Creativity and Aesthetics in Holistic perspective
12. Holistic Human Resources Development
13. Holistic Corporate Governance
14. Modern Predicaments and Holistic Spirituality
15. Liberty through scientific Spirituality - A Holistic Approach
16. Scientific Disposition and Objective Spirituality

#### Information for the Delegates:

1. **Submission of Research Papers:** First of all please intimate us about topic on which you want to present your learned paper and after confirmation from us we shall request to send abstract of your paper before 30th August and complete paper on or before 15 September, 2016 through only email in Unicode Fonts. Your short resume with photograph will be welcomed well in advance.
2. **Contact:** For confirmation of your participation, topic and any other information please write to Dr. Balaji Ganorkar, Director, HSRC at [hsresurat@gmail.com](mailto:hsresurat@gmail.com)
3. **Accommodation:** Boarding & Lodging facilities are available in campus.

4. **Location:** Kamrej in Surat is only 18 Kms. from Surat Railway station and located on the midway on National Highway no. 8 between Ahmedabad & Mumbai (250kms from each place).
5. **Weather:** In the month of December, Surat will not be chilling like North but pleasant.
6. **Booking of Tickets:** Prefer to book your tickets well in advance. Surat City is conveniently connected for the travellers from all major cities in India with frequent trains from Mumbai, Delhi, and Ahmedabad. You may prefer Train journey to avoid wastage of time by travelling by Air as there is no direct flight except from New Delhi.
7. **Registration Fees:**
  - **With Accommodation Facility:** Rs. 1200/- up to 31 Oct 2016, Rs. 1500/- up to 30 Nov 2016 & Rs. 2000/- After 30 Nov 2016.
  - **Without Accommodation Facility:** Rs. 600/- up to 30 Sept 2016, Rs. 750/- up to 30 Oct 2016 & Rs. 1000/- After 30 Oct 2016.
  - **Spot registration** may be available (if there will be vacancy) @ Rs. 750/- per day.

*As we are inviting only 150 scholars so please register yourself soon.*